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| **Patient Simulation Exercise:**  **Medication Access** |

Objective: To foster an understanding of the barriers people with and without insurance face when trying to obtain medications

Prep Work:

* Become familiar with the following patient resources:
  + Low-Income Mail Order Pharmacy: [www.rxoutreach.org](http://www.rxoutreach.org)
  + Database for medication access resources: [www.needymeds.org](http://www.needymeds.org)
  + Program for low-income patients in NC: [www.medassist.org](http://www.medassist.org)
  + Coupons: [www.goodrx.com](http://www.goodrx.com)
* Becomes familiar with local pharmacy discount lists
* For the references above, please know eligibility criteria and in general what medications can be provided.
* Come up with med access plan for each scenario

Day of Exercise:

* Meet with the assigned preceptor to review and answer questions from the prep work
* Be prepared to discuss:
  + Your medication access plan for each patient scenario
  + What did you learn?
  + What was the most challenging aspect of the exercise?
  + What was the easiest?
  + How will you use what you learned from this experience in your future patient care?

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| **Patient Simulation Exercise:**  **Medication Access** |

Scenario 1:

RG is a 45 year old male who recently lost his job as a textile mill worker. He is married and has 2 kids that are both in high school. His wife works at a local business as a secretary. Since he lost his job, he has been looking for work, but has only been able to get sporadic handyman jobs. His current total family income is $2,750/month.

He has Type 1 diabetes and is worried about affording his insulin. They are also worried about heating their home this winter.

Medications:

Omeprazole 20mg daily

Lantus 10 units daily

Novolog 4 units TIDAC

Atorvastatin 40mg daily

Lisinopril 20mg daily

HCTZ 25mg daily

Scenario 2:

LS is a 72 year old male who has Medicare Part D. She was recently hospitalized for a COPD exacerbation. Unfortunately she has not been taking any inhalers because she cannot afford them. She was too embarrassed to tell her doctor. She completed her course of antibiotics and prednisone prior to discharge, but the doctor provided her with the following prescriptions to fill. She lives with her husband and they have a gross income of $3,600/month.

Medications:

Advair 250/50 BID

ProAir 2 puffs every 4-6 hours as needed

Spiriva 18mcg daily